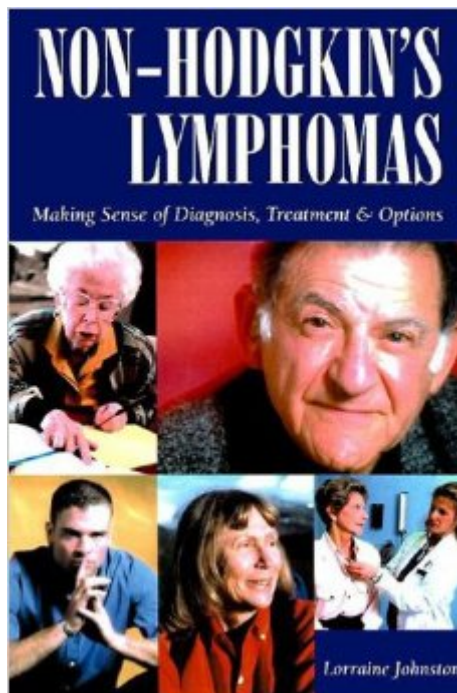


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# Non-Hodgkin's Lymphomas: Making Sense Of Diagnosis, Treatment & Options (Patient Centered Guides)



## Synopsis

Prior to publication of this resource guide, no book on the market targeted the non-Hodgkin's lymphoma survivor's need for understandable information. While there are medical texts on the non-Hodgkin's lymphomas as well as inspirational first-person accounts from survivors of related cancers such as leukemia, between these two sources of information existed a considerable information gap. In straightforward language and in a format that anticipates the reader's questions, this book addresses diagnosis and its emotional tumult, finding a good oncologist, the theories and practical aspects of treatment, characteristics of non-Hodgkin's lymphomas, side effects and long-term effects of treatment, medical tests and procedures, and prognoses. Other topics of interest examined are coping with hospitalization, stress and its effects on the immune system, sexuality and fertility after treatment, how to interact successfully with medical personnel, and getting support from family, friends, employers and the broader community. The end of successful treatment and its sometimes surprising effects on one's emotions are covered in a separate chapter, as is the experience of relapse and how to select second-line treatment to regain remission. Clinical trials of promising new therapies grounded in Western medicine are covered in depth. The theories and experiences of marrow transplantation and stem cell support are surveyed. Two frank chapters on recordkeeping, finances, insurance, employment issues, traveling for care, and finding free treatment are included. Throughout the text and in several appendices, the reader is referred to other books, Web sites, and organizations that can provide more detail on a given topic. This book is intended for both newly diagnosed and long-term survivors of the non-Hodgkin's lymphomas, their caregivers and loved ones, and for medical personnel who interact with survivors of the non-Hodgkin's lymphomas.

## Book Information

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## Customer Reviews

This book can be recommended to anyone whose life has been changed forever by a diagnosis of NHL. If one is filled with trepidation, not wanting to read the cold, hard facts, he/she can be reassured that reading this particular book will only help one understand and cope with the disease, not scare them to death. Had it been available when I was first diagnosed, I would have found in one place all the information it took me over two years to gather on my own. It sits by my computer, as necessary as my dictionary for reference. Thank you, Lorraine Johnston, for writing this!

How I wish this book had been available when I first received my diagnosis of Non-Hodgkin's Lymphoma in 1996. It would have answered all those questions I did not even know were lurking in my mind and have taken nearly three years to answer! This book is beautifully and sensitively written; the information is right up-to-date; all aspects of NHL are well-covered. I honestly do not think that the job of communicating about this particular variety of cancer could have been done better. Bravo Lorraine!

When I was diagnosed with NH Lymphoma in October 2005, I promptly bought this book. What a lifesaver! This book covers everything a newly diagnosed patient could want. From initial diagnosis, this book takes the patient through all of the different kinds of Non Hodgkins Lymphomas. It tells the patient in detail the kinds of tests that your doctor will most likely order and even give you information on how painful the tests will be. Then it goes into detail on all of the different types of chemotherapy you might undergo as well as radiation therapy, surgeries and biopsies. It takes a tremendous amount of the fear away that a patient has. When I started chemotherapy, the book was right there at my side answering every question that I had. If I had a strange reaction, I reached for the book and sure enough, there was an explanation. Remember, forewarned is forearmed! I highly recommend this book to anyone who is touched by Non Hodgkin's Lymphoma whether it is a patient or a caregiver.

Do not buy this book. It is written in a cold, uncaring manner, completely inappropriate for anyone touched by the disease. Sure it contains facts, but nothing else. It gives a depressing, negative

portrayal of the disease. You'd be better off reading nothing at all. On the other hand, "Living With Lymphoma: A Patient's Guide" is the best resource out there. It is truly a must-have. Sorry I wasted my money.

This is a wonderful, must-have book for any NHL patient. It reads like almost like novel, giving accurate, easy to understand information. I especially like the quotes and anecdotes from the patients themselves; people who have been through it, who "get it"...in their own words. A fantastic resource.

The best book on this subject I have found so far. I have taken out many books on this subject and this had the most understandable answers. And additional sources for support.

I haven't finished reading this book, but I can tell you it is helpful and the book was in very good condition.

I bought this book hoping to learn more about a disease I was diagnosed with, but it was written from a medical doctors point of view and was not very good reading for someone who wanted and needed hope than than something else.

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